

Weight Management Scheme 7-15 year olds
BEDFORD BOROUGH COUNCIL
NHS BEDFORDSHIRE



BeeZee Bodies

Do Something Different



- Is your child overweight?
Are you looking for some help to control your child's weight?
- **BeeZee Bodies** is a 17 week Family programme including Physical Activities, Healthy Eating & Health Specialist sessions each week.
- 7-15 year olds - Referred by School or Practice Nurse, Paediatrician or GP
- If you think your child is eligible to take part in the established local project, BeeZee Bodies, please call.
- Places are VERY limited and you MUST respond ASAP to get a place!
- Programme selection takes place in mid February 2010 in order to start the programme in early March 2010, so be quick!

**For more information please call
Stuart King on 01234 227490
or email stuartking@bedford.gov.uk**